



OCTOBER HS BREAKFAST MENU

Choice of
Fresh Milk
Daily

MONDAY

2
Egg & Cheese Biscuit
Glazed Donut Ring
Froot Loops
Graham Crackers
Fruit Cocktail
Fresh pear

TUESDAY

3
Breakfast Chilaquiles
Bagel
Apple Cinnamon
Cheerios
Graham Crackers
Diced Peaches
Fresh Apple

WEDNESDAY

4
Glazed Cinnamon Roll
Breakfast Banana Split
Golden Grahams
Graham Crackers
Fresh Orange

THURSDAY

5 Egg & Cheese on
English Muffin
Cherry Frudel
Apple Cinnamon
Cheerios
Graham Crackers
Fresh Banana
Diced Pears

FRIDAY

6
No School
Enjoy your day!

9

No School
Enjoy your day!

10

Veggie Breakfast Bowl
Biscuit
Breakfast Bento Box
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange

11

Blueberry Orange
Muffin
Lucky Charms
Graham Crackers
Fresh Banana
Fruit Cocktail

12

Egg & Cheese
Breakfast Burrito
Glazed Donut Ring
Cocoa Puffs
Graham Crackers
Diced Pears
Fresh Apple

13

Veggie Egg Cupcakes
Berry Muffin Trifle
Cinnamon Toast
Crunch
Graham Crackers
Fresh Cantaloupe
Mandarin Oranges

16

Egg & Cheese Biscuit
Glazed Donut Ring
Froot Loops
Graham Crackers
Fruit Cocktail
Fresh pear

17

Breakfast Chilaquiles
Bagel
Apple Cinnamon
Cheerios
Graham Crackers
Diced Peaches
Fresh Apple

18

Glazed Cinnamon Roll
Breakfast Banana Split
Golden Grahams
Graham Crackers
Fresh Orange

19

No School
Enjoy your day!

20

No School
Enjoy your day!

23

Egg, Cheese &
Sausage Muffinwich
Strawberry and
Yogurt Parfait
Cocoa Puffs
Graham Crackers
Mandarin Oranges
Fresh Apple

24

Veggie Breakfast Bowl
Biscuit
Breakfast Bento Box
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange

25

Blueberry Orange
Muffin
Lucky Charms
Graham Crackers
Fresh Banana
Fruit Cocktail

26

Egg & Cheese
Breakfast Burrito
Glazed Donut Ring
Cocoa Puffs
Graham Crackers
Diced Pears
Fresh Apple

27

Veggie Egg Cupcakes
Berry Muffin Trifle
Cinnamon Toast
Crunch
Graham Crackers
Fresh Cantaloupe
Mandarin Oranges

30

Egg & Cheese Biscuit
Glazed Donut Ring
Froot Loops
Graham Crackers
Fruit Cocktail
Fresh pear

31

Breakfast Chilaquiles
Bagel
Apple Cinnamon
Cheerios
Graham Crackers
Diced Peaches
Fresh Apple

1

Glazed Cinnamon Roll
Breakfast Banana Split
Golden Grahams
Graham Crackers
Fresh Orange

2

Egg & Cheese on
English Muffin
Cherry Frudel
Apple Cinnamon
Cheerios
Graham Crackers
Fresh Banana
Diced Pears

3

French Toast Sticks
Cheesy Eggs
Berry Patch Smoothie
Trix Cereal
Graham Crackers
Applesauce
Red Grapes

October | 2023

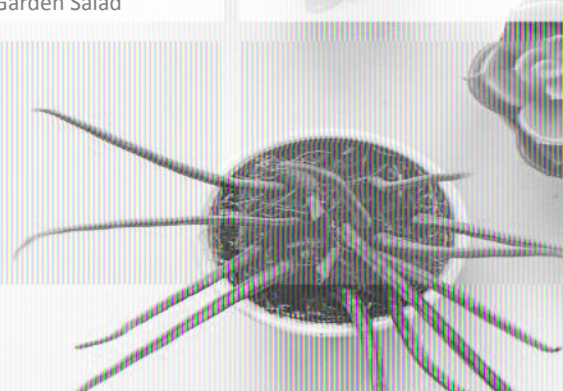
KIPP DC College Preparatory and Legacy High Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Chicken Tenders Turkey & Cheese Hoagie Vegetarian Chef Salad (V) Potato Wedges Seasoned Green Beans</p>	<p>3 Teriyaki Chicken Hot Dog Charcuterie Box (V) Brown Rice Seasoned Vegetables Fresh Red Bell Pepper</p>	<p>4 Spaghetti with Meat Sauce Buffalo Chicken Wrap Green Goddess Salad (V) Seasoned Italian Vegetables Fresh Broccoli</p>	<p>5 BBQ Meatballs Veggie & Cheese Hoagie (V) Chicken Caesar Salad Black Bean & Corn Salad Garden Salad</p>	<p>6 No School Enjoy your day!</p>
<p>9 No School Enjoy your day!</p>	<p>10 Tatchos (V) Charcuterie Box Southwest Chicken Salad Seasoned Black Beans</p>	<p>11 BBQ Chicken Mac n Cheese Green Goddess Salad (V) Seasoned Peas Fresh Broccoli</p>	<p>12 Chicken Philly Veggie & Cheese Hoagie (V) Chicken Caesar Salad Collard Greens Fresh Carrots</p>	<p>13 Pepperoni Pizza Grilled Cheese & Tomato Soup (V) Cobb Salad Steamed Broccoli Garden Salad</p>
<p>16 BBQ Chicken Sandwich Turkey & Cheese Hoagie Vegetarian Chef Salad (V) Tater Tots Cucumbers</p>	<p>17 Beef & Cheese Nachos Charcuterie Box (V) Southwest Chicken Salad Seasoned Vegetables Fresh Red Bell Pepper</p>	<p>18 Chicken Alfredo Buffalo Chicken Wrap Green Goddess Salad (V) Seasoned Italian Vegetables Fresh Broccoli</p>	<p>19 No School Enjoy your day!</p>	<p>20 No School Enjoy your day!</p>
<p>23 Swedish Meatballs Turkey & Cheese Hoagie Vegetarian Chef Salad (V) Mashed Potatoes Fresh Broccoli</p>	<p>24 Beef & Cheese Nachos Charcuterie Box (V) Southwest Chicken Salad Refried Beans Salsa</p>	<p>25 Chicken Tenders and Mac n Cheese Green Goddess Salad (V) Steamed Corn Garden Salad</p>	<p>26 French Toast Sticks (V) Turkey Sausage Cheese Omelet (V) Cheeseburger Tater Tots Green Beans</p>	<p>27 Pepperoni Pizza Grilled Cheese & Tomato Soup (V) Cobb Salad Steamed Broccoli Garden Salad</p>
<p>30 Chicken Tenders Turkey & Cheese Hoagie Vegetarian Chef Salad (V) Potato Wedges Seasoned Green Beans</p>	<p>31 Teriyaki Chicken Hot Dog Charcuterie Box (V) Brown Rice Seasoned Vegetables Fresh Red Bell Pepper</p>	<p>1 Spaghetti with Meat Sauce Buffalo Chicken Wrap Green Goddess Salad (V) Seasoned Italian Vegetables Fresh Broccoli</p>	<p>2 BBQ Meatballs Veggie & Cheese Hoagie (V) Chicken Caesar Salad Black Bean & Corn Salad Garden Salad</p>	<p>3 Cheese Pizza (V) Pepperoni Pizza Cobb Salad Seasoned Carrots Garden Salad</p>

Selection of fresh fruits and fruit cups available daily

Choice of milk available daily

Selection of grain options available daily





OCTOBER 2023

KIPP DC
CLASSROOM SERVICE BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2
Glazed Donut
Froot Loops
Graham Cracker
Fruit Cocktail
Fresh Pear
Choice of Milk

3
Mini Maple Pancakes
(GF) Apple Cinnamon
Cheerios
Graham Crackers
Diced peaches
Fresh Apple
Choice of Milk

4
Bagel with Cream
Cheese
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange
Choice of Milk

5
Egg and Cheese on
English Muffin
(GF) Apple Cinnamon
Cheerios
Graham Crackers
Diced Pears
Fresh Banana
Choice of Milk

6
No School -Enjoy your
day!

9
No School -Enjoy your
day!

10
Mini Bagels with
Strawberry Cream
Cheese
Frosted Flakes
Graham Cracker
Diced Peaches
Fresh Orange
Choice of Milk

11
Blueberry Orange
Muffin
Golden Grahams
Graham Cracker
Mandarin Oranges
Fresh Banana
Choice of Milk

12
Mini Cinnamon French
Toast
Cheerios
Graham Crackers
Fresh Sliced Apples
Pineapple
Choice of Milk

13
Cinnamon Toast Crunch
Graham Crackers
Diced Peaches
Fresh Sliced Apples
Choice of Milk

16
Golden Grahams
Graham Cracker
Applesauce
Fresh Apple
Choice of Milk

17
Mini Maple Pancakes
Froot Loops
Graham Crackers
Pineapple
Fresh Orange
Choice of Milk

18
Bagel with Cream
Cheese
Cocoa Puffs
Graham Cracker
Sliced Pear
Fresh Banana
Choice of Milk

19
No School -Enjoy your
day!

20
No School -Enjoy your
day!

23
Cocoa Puffs
Graham Cracker
Mandarin Oranges
Fresh Apple
Choice of Milk

24
Blueberry Waffles
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange
Choice of Milk

25
Apple Spiced Muffin
Lucky Charms
Graham Cracker
Fruit Cocktail
Fresh Banana
Choice of Milk

26
Pancake and Sausage
Stick
Golden Grahams
Graham Cracker
Fresh Sliced Apple
Diced Pear
Choice of Milk

27
Cinnamon Toast Crunch
Graham Crackers
Mandarin Oranges
Fresh Honeydew
Choice of Milk

30
Glazed Donut
Froot Loops
Graham Cracker
Fruit Cocktail
Fresh Pear
Choice of Milk

31
Mini Maple Pancakes
(GF) Apple Cinnamon
Cheerios
Diced Peaches
Fresh Apple
Choice of Milk



ELIOR NORTH AMERICA

This institution is an equal opportunity provider



OCTOBER 2023

KIPP DC
K-8
GRAB N' GO MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

2
Glazed Donut
Froot Loops
Graham Cracker
Fruit Cocktail
Fresh Pear
Choice of Milk

3
Mini Maple Pancakes
(GF) Apple Cinnamon
Cheerios
Graham Crackers
Diced peaches
Fresh Apple
Choice of Milk

4
Bagel with Cream
Cheese
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange
Choice of Milk

5
Egg and Cheese on
English Muffin
(GF) Apple Cinnamon
Cheerios
Graham Crackers
Diced Pears
Fresh Banana
Choice of Milk

6
No School -Enjoy your
day!

9
No School -Enjoy your
day!

10
Mini Bagels with
Strawberry Cream
Cheese
Frosted Flakes
Graham Cracker
Diced Peaches
Fresh Orange
Choice of Milk

11
Blueberry Orange
Muffin
Golden Grahams
Graham Cracker
Mandarin Oranges
Fresh Banana
Choice of Milk

12
Mini Cinnamon French
Toast
Cheerios
Graham Crackers
Fresh Sliced Apples
Pineapple
Choice of Milk

13
Cinnamon Toast Crunch
Graham Crackers
Diced Peaches
Fresh Sliced Apples
Choice of Milk

16
Golden Grahams
Graham Cracker
Applesauce
Fresh Apple
Choice of Milk

17
Mini Maple Pancakes
Froot Loops
Graham Crackers
Pineapple
Fresh Orange
Choice of Milk

18
Bagel with Cream
Cheese
Cocoa Puffs
Graham Cracker
Sliced Pear
Fresh Banana
Choice of Milk

19
No School -Enjoy your
day!

20
No School -Enjoy your
day!

23
Cocoa Puffs
Graham Cracker
Mandarin Oranges
Fresh Apple
Choice of Milk

24
Blueberry Waffles
Cheerios
Graham Crackers
Diced Peaches
Fresh Orange
Choice of Milk

25
Apple Spiced Muffin
Lucky Charms
Graham Cracker
Fruit Cocktail
Fresh Banana
Choice of Milk

26
Pancake and Sausage
Stick
Golden Grahams
Graham Cracker
Fresh Sliced Apple
Diced Pear
Choice of Milk

27
Cinnamon Toast Crunch
Graham Crackers
Mandarin Oranges
Fresh Honeydew
Choice of Milk

30
Glazed Donut
Froot Loops
Graham Cracker
Fruit Cocktail
Fresh Pear
Choice of Milk

31
Mini Maple Pancakes
(GF) Apple Cinnamon
Cheerios
Diced Peaches
Fresh Apple
Choice of Milk



ELIOR NORTH AMERICA

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OCTOBER 2023

KIPP DC

CLASSROOM SERVICE LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Chicken Tenders
Vegetarian Chef
Salad (V)

Potato Wedges
Pineapple
Milk Choice

3

Maple Waffle
Sausage Sandwich
Charcuterie Box (V)

Steamed Veggies
Applesauce
Milk Choice

4

Chicken Sandwich
Green Goddess
Chef Salad (V)

Steamed Veggies
Pineapple
Milk Choice

5

Hamburger
Veggie and Cheese
Hoagie (V)

Black Bean and Corn
Salad
Diced Peaches
Milk Choice

6

No School -Enjoy
your day!

9

No School -Enjoy
your day!

10

Fiesta Beef
Sandwich
Charcuterie Box (V)
Southwest Chicken
Salad

Refried Beans
Fresh Banana
Milk Choice

11

Chicken Sandwich
Green Goddess
Chef Salad (V)

Fresh Broccoli
Fruit Cocktail
Milk Choice

12

Cheeseburger
Vegetable &
Cheese Hoagie (V)

Diced Carrots
Applesauce
Milk Choice

13

Cheese Pizza (V)
Grilled Cheese
Sandwich (V)

Steamed Broccoli
Fresh Orange
Milk Choice

16

Chicken Tenders
Vegetarian Chef
Salad (V)

Tater Tots
Diced Pears
Milk Choice

17

Maple Waffle
Sausage Sandwich
Charcuterie
Box (V)

Steamed Veggies
Fresh Banana
Milk Choice

18

Pasta Alfredo
Green Goddess
Chef Salad (V)

Steamed Veggies
Fruit Cocktail
Milk Choice

19

No School -Enjoy
your day!

20

No School -Enjoy
your day!

23

Chicken Nuggets
Vegetarian Chef
Salad (V)

Potato Wedges
Pineapple
Milk Choice

24

Fiesta Beef
Sandwich
Charcuterie Box (V)

Refried Beans
Diced Peaches
Milk Choice

25

Chicken Sandwich
Green Goddess
Chef Salad (V)

Seasoned Corn
Applesauce
Milk Choice

26

French Toast Sticks
Turkey Sausage
Veggie and Cheese
Hoagie (V)

Tater Tots
Fresh Pear
Milk Choice

27

Cheese Pizza
Steamed Broccoli
Fresh Cantaloupe
Milk Choice

30

Chicken Tenders
Vegetarian Chef
Salad (V)

Potato Wedges
Pineapple
Milk Choice

31

Maple Waffle
Sausage Sandwich
Charcuterie
Box (V)

Steamed Veggies
Applesauce
Milk Choice

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OCTOBER 2023

ELEMENTARY AND MIDDLE SCHOOL LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Chicken Tenders
Vegetarian Chef
Salad (V)
Potato Wedges
Green Beans
Pineapple
Milk Choice

3
Maple Waffle
Chicken Sandwich
Charcuterie Box (V)
Steamed Vegetables
Red Bell Pepper
Applesauce
Milk Choice

4
Chicken Sandwich
Green Goddess
Chef Salad (V)
Seasoned Vegetables
Garden Salad
Pineapple
Milk Choice

5
BBQ Meatballs
Veggie & Cheese
Hoagie (V)
Black Beans & Corn
Garden Salad
Diced Peaches
Milk Choice

6
No School
Enjoy your day!

9
No School
Enjoy your day!

10
Tatchos
Charcuterie Box (V)
Southwest Chicken
Salad
Seasoned Black Beans
Fresh Orange
Milk Choice

11
Chicken Sandwich
Green Goddess
Chef Salad (V)
Seasoned Peas
Fresh Broccoli
Fruit Cocktail
Milk Choice

12
Cheeseburger
Veggie & Cheese
Hoagie (V)
Collard Greens
Garden Salad
Applesauce
Milk Choice

13
Cheese Pizza (V)
Grilled Cheese
Sandwich (V)
Steamed Broccoli
Garden Salad
Fresh Apple
Milk Choice

16
Chicken Tenders
Vegetarian Chef
Salad (V)
Tater Tot
Fresh Carrots
Diced Pears
Milk Choice

17
Maple Waffle
Chicken Sandwich
Charcuterie Box (V)
Southwest Chicken
Salad
Steamed Vegetables
Red Bell Pepper
Fresh Orange
Milk Choice

18
Pasta Alfredo
Green Goddess
Salad (V)
Seasoned Vegetables
Fresh Broccoli
Fruit Cocktail
Milk Choice

19
No School
Enjoy your day!

20
No School
Enjoy your day!

23
Chicken Nuggets
Veggie Chef
Salad (V)
Potato Wedges
Pineapple
Milk Choice

24
Fiestada Beef
Sandwich
Charcuterie Box (V)
Refried Beans
Diced Peaches
Milk Choice

25
Chicken Sandwich
Green Goddess
Chef Salad (V)
Seasoned Corn
Garden Salad
Applesauce
Milk Choice

26
French Toast (V)
Turkey Sausage
Patty and Omelet
Chicken Caesar Salad
Tater Tot
Seasoned Green
Beans, Fresh Pear
Milk Choice

27
Cheese Pizza
Steamed Broccoli
Garden Salad
Fresh Honeydew
Milk Choice

30
Chicken Tenders
Vegetarian Chef
Salad (V)
Potato Wedges
Seasoned Green Beans
Pineapple
Milk Choice

31
Maple Waffle
Chicken Sandwich
Charcuterie Box (V)
Steamed Vegetables
Red Bell Pepper
Fresh Apple
Milk Choice